

KUDOS FROM PAST PARTICIPANTS

Captains Courageous gave me the opportunity of a lifetime to stretch beyond my comfort zone both personally and professionally. Several years later, I am still quoting the experience as one that taught me my most valuable lessons in leadership. Leadership “ah-ha moments” in a classroom are fleeting but leadership lessons sailing in open waters are truly unforgettable. I look forward to my next adventure!

*A.D., human resource strategist
Austin, Texas*

Captains Courageous offers a great experience and opportunity to discover your strengths.

*O.W., IT executive
Tel Aviv, Israel*

In all my years at this company, I've never enrolled in a better team building or leadership course than Captains Courageous. My time with Martha Boston is always a valuable investment. So getting away on a sailboat with her, an able captain and 8 other participants who were motivated to learn and grow made for a powerful week. I learned the importance of working well with a team in close quarters. I saw my own leadership and team working style through the eyes of other sailors and learned to make a few adjustments in my professional life which have brought me and my business higher rewards than before the trip.

*R.G., computer sales executive
Cupertino, CA*

I have learned to really listen.

*C.H., entrepreneur
St. Louis, MO*

Captains Courageous is the ultimate experience of learning, growth and exploration. I visited a new place, discovered a new hobby, and learned new things about myself ... and all of that in an easygoing atmosphere with no pressure or stress.

*I.G., presentation consultant
Tel Aviv, Israel*

I learned things about how I interact with a team that I have never learned before in my professional work. That was challenging to learn, but in the end it will be also the most valuable thing I can correct in my professional relationships.

*R.B., sales executive
Austin, Texas*

One of my lessons is to remember that what I fear to take on is simply a mental construct. Also, I reframed how I define myself in a group and am more in touch with that part of me that is safe and peaceful at all times. So, in essence, I am feeling safer about reaching out, doing something different.

*M.M., executive assistant
Ft. Lauderdale, Florida*

Captains Courageous offered a unique learning experience, teaching us about self-directed work teams, and how to make decisions by consensus. Learning to sail was a big added bonus, but is also reinforced was taught. It takes everyone working together towards the same goal to maintain momentum.

*C.R., business owner
Austin, Texas*

I feel like I'm beginning to add a keel to keep me stable. I'm beginning to see my personal growth work as a navigation chart to plot my course through life. I'm often imagining using the wind to release the age-old insecurities.

*G.R., sales executive
San Francisco, CA*

Captains Courageous was impeccably designed and executed, and was life-changing for me. It gave me opportunities to really hold in my truth and overcome fears. Truly I left many limited parts of myself in that ocean. Everyone thrived and healed in the environment and nurturing care you provided – and the strength and expansion you demanded from us. Thank you for the gift of a new life.

*P.R., nonprofit executive
Los Angeles*

There was a divine and magical feeling to the whole experience. I found courage in me that I never thought I would have, and a love and acceptance in my heart that transformed my world. It was truly an experience of a lifetime.

*FF, sales and marketing consultant
Miami, FL*

Your method is the medicine we need!

Anonymous Educator

Captains Courageous